



Sedbergh Primary School

Whole School PE Curriculum Overview • 2026–27

Taught by Calvin

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Space & Movement	Dance	Gymnastics	Apparatus	Games	Athletics
Year 1	Multi-Skills + Dance	Multi-Skills + Dance	Games + Gymnastics	Games + Gymnastics	Outdoor Education + Athletics	Outdoor Education + Athletics
Year 2	Multi-Skills	Dance	Gymnastics	Games	Outdoor Education	Athletics
Year 3	Swimming + Invasion Games (Football)	Swimming + Sports hall Athletics	Swimming + Gymnastics	Swimming + Invasion Games (Quicksticks Hockey)	Athletics + Net/Wall Games (Tennis)	Outdoor Experience + Striking/Fielding (rounders/cricket)
Year 4	Swimming + Invasion Games (Football)	Swimming + Sports hall Athletics	Swimming + Gymnastics	Swimming + Invasion Games (Quicksticks Hockey)	Athletics + Net/Wall Games (Tennis)	Outdoor Experience + Striking/Fielding (rounders/cricket)
Year 5	Invasion Games (Football)	Netball + Sports Hall Athletics	Gymnastics + Circuits / Multiskills	Dance + Invasion Games (Quicksticks Hockey)	Athletics + Net/Wall Games (Tennis)	Outdoor Experience + Striking/Fielding (rounders/cricket)
Year 6	Basketball + Invasion Games (Football)	Netball + Sports Hall Athletics	Gymnastics + Circuits / Multiskills	Dance + Invasion Games (Quicksticks Hockey)	Athletics + Net/Wall Games (Tennis)	Outdoor Experience + Striking/Fielding (rounders/cricket)